

# 2023 2024 Prairie Fire Cheerleading Welcome Package

## INTRODUCTION

2023 will begin our 18<sup>th</sup> season of excellence! We are excited for another year of competitive All Star cheerleading: a season of training, routines, competition and travel. Cheerleading provides individual athletes opportunities for personal success combined with the group benefits that come with being part of a team. Commitment, trust and connection are an important part of Cheerleading topped off with the excitement of performing. With over 250 athletes and 25 certified coaches, we have a place for everyone!

At PFC, we operate a responsible business, we create a place for everyone to be successful, and we strive to create a family for athletes and parents alike. In the gym, we guide our coaches and athletes with these club words: Family, Leadership, Confidence, Positivity, Perseverance, and Excellence. We look forward to sharing our family with yours.

## START HERE!

**Step 1:** Read over the information and decide on either pre-competitive or competitive programming. Families choose what suits them best, there is no experience required for either stream!

**Pre-competitive Programming** is available for birth years 2014 - 2020 with a once/week commitment.

**Competitive Programming** is available for birth years 2018 and later with a 2-3/week practice commitment with competitions offered in Saskatchewan and Alberta.

**Competitive L3+ Programming** is available for birth years 2016 and later with a 3/week practice commitment with competitions offered in Saskatchewan, Canada and possible USA competitions.. Additional information for these teams' summer training and tryouts are available [here](#).

**Step 2:** If you have decided on:

**Pre-competitive:** select this link to pre-register for your fall team: you can choose to pay everything on registration, or set up a monthly installment option with a \$100 initial payment. To register for our pre-competitive programming, please click [here](#).

**Competitive:** Team placements take place August 21-24, 2023. If you would like to be placed on a team but cannot attend any of these dates because you are away, please email us at [info@prairiefirecheerleading.ca](mailto:info@prairiefirecheerleading.ca) to set up an alternate arrangement. To view and register for team placements, please click [here](#).

**Competitive L3+:** Tryouts take place June 16, 2023. If you would like to try out but cannot attend on June 16, please email us at [info@prairiefirecheerleading.ca](mailto:info@prairiefirecheerleading.ca) to set up an alternate arrangement. To register for tryouts please click [here](#).

**Step 3:** If you have decided on:

**Pre-competitive:** you will receive an email confirming your registration & your invoice. Please check your account calendar for practice dates. You will receive an email from us in the last week of August with details about our open house and the first week of practices.

**Competitive:** you will receive an email confirming your team placement registration. Please read further for information about team placements. Upon completion of team placements you will receive an emailed link to register for the full season programming.

**Competitive L3+ Teams:** you will receive an email confirming your tryout registration. Upon completion of tryouts you will receive information regarding summer training. You do not need to attend placements in August, but your team will not be finalized until August 28, 2023.

## OUR TEAMS

Our teams are split by age, by level, by experience, and amount of practice commitment. Age divisions are determined by the International All Star Federation (IASF) and Cheer Canada (CC). Ages in our sport are calculated based on birth year. An athlete is age eligible if they are the given age for that category at any time between January 1, 2023 and December 31, 2024. We do not always roster our teams using the entire age range.

U6	birth ages 2017-2020
U8	birth ages 2015-2019
U12	birth ages 2011-2016
U16	birth ages 2007-2012
U18	birth ages 2005-2010
Open	birth ages 2008 or earlier

## STREAMS

**Pre-Competitive:** Our pre-competitive stream is for families wanting to try out our sport, have additional commitments to other activities, or are wanting to keep expenses down. The pre-competitive teams run once per week on weekends in a non-competitive environment. They offer athletes the opportunity to perform at showcases while learning about our sport. Athletes learn all aspects of cheerleading and will learn up to a full routine. There is no competition or travel expense for this stream.

**Competitive:** Our competitive stream is intended for new and/or returning athletes or athletes interested in committing to two or three practices per week in a more competitive environment. These teams require a level of commitment and have competitions and travel expectations. Register for placements [here](#).

**Competitive L3+ Teams:** We have tryouts on June 16 for Flare, Wildfire, Heat, Code Red, and Fever so that they can train over the summer preparing for the fall season. These teams require a higher level of commitment and have competitions and travel expectations. Register for tryouts [here](#).

## TEAM PLACEMENTS

Athletes will have the opportunity to meet the staff, have some fun, learn and show off their skills working with coaches on stunting, jumping and tumbling. The team placement process enables us to build teams with like minded athletes. This allows everyone to have success with the skills and abilities they bring to their team. After team placements are completed you will receive email with your team information including registration directions. You will have the team information by **Monday August 28<sup>th</sup>, 2023**. Everyone is placed on a team, so please make sure your contact info is correct and check your junk folder if you do not see anything from us. Register for team placements [here](#). Please remember that every year your position will depend upon the makeup of the team, who is on it & what they have experience doing, so even if you were one position last year, it could change this year.

**IMPORTANT:** all of our communication will be sent through our online platform at [www.prairiefirecheerleading.ca](http://www.prairiefirecheerleading.ca). Please ensure your contact information is up to date, and if you ever change your email address or want more than one email address to get news, updates, and important information from us ensure that you update your account using the account details tab. **If you opt out of our emails you may miss important information about competitions, classes, and registration.**

## PRACTICE SCHEDULE

The practice times may adjust a bit in the fall depending on the number of teams we require. We try our best to have our teams practice at age appropriate times, and have our older athletes heading home no later than 10pm. We try our best to have all of our teams fit into a limited schedule that best-serves most families.

### Prairie Fire Cheerleading 2023/2024 TENTATIVE Practice Schedule & Teams

Team Name	Division	Practice Times	Tumbling Time
Flicker (3-5)	U6 PC	Saturday 9:30-10:30am	
Kindling (6-7)	U8 PC	Saturday 10:30-11:30am	
Firestarters (8-11)	U12 PC	Saturday 11:30am-1:00pm	
Firebugs	U6 Prep	Saturday 9:30-11:00am & Wednesday 5:00-6:00pm	
Burn	U8 Prep	Saturday 10:45am-12:15pm & Wednesday 5:00-6:30pm	
Spitfires	U12 Prep	Saturday 12:15-2:00pm & Wednesday 6:00-7:45pm	
Crossfire	U12	Monday & Thursday 5:00-7:00pm	
Firecrackers	U8	Sunday 12-1:45pm & Wednesday 5:30-7:00pm	Optional Sunday 12:00-1:30pm
Fireworks	U12	Monday & Thursday 5:00-7:00pm	Optional Sunday 12:00-1:30pm
Firestorm	U16	Tuesday & Friday 7:00-9:15pm	Optional Sunday 12:00-1:30pm
Flare or Heat	U12/18	Tuesday & Friday 5:00-7:15pm	Sunday times TBD
Wildfire	U16	Tuesday & Friday 5:00-7:15pm	Sunday 1:30pm-3:15pm
Code Red	U16/U18	Monday & Thursday 7:00-9:30pm	Sunday 3:15pm-5:00pm
Hot Shots	Open	Sunday 5:00-7:00pm & Thursday in 2nd term 7:00-9:30pm	
TBD	Open	Sunday 4:30-7:00pm & Wednesday 7:30-10:00pm	
Fever	Worlds	Monday, Wednesday, Friday 7:00-10:00pm	
TBD	U16 Crossover	Sunday 1:45-4:15pm	

PC: Pre-Competitive

Prep: Prep Level 1 (same skills as level 1 routine with a 2 Minute routine rather than 2:30)

L: Level

## NEW TEAMS FOR 2023 2024

### 2023 2024 Crossover Travel Team

We would like to provide a crossover team that provides an additional opportunity for current athletes. This team will practice once a week (with some additional practices as needed) and will focus on attending a travel competition. The scheduling of the team practices and competitions will not conflict with their first team practices or competitions. The cost of the team will be \$315 plus the cost of travel. The team division and level will be decided based on interest and the needs/skills of the team.

### 2023 2024 Open Team

PFC has offered several Open aged teams over the years. Most consistently, we have had a Worlds team (lots of commitment and experience needed) and a recreational competitive team (much less commitment, cost, and no need for experience at all). We would like to offer another alternative. This NEW team will require a placement. This team will travel and compete in a way that will require commitment and some level of experience. We are looking for athletes who want to push themselves and accomplish their goals. This is a great team for athletes who are competitive but are also balancing lots of different responsibilities.

## IMPORTANT DATES

All scheduling, important dates, gym closures will be confirmed July 1, 2023. If you have any questions regarding future dates, please reach out and we will be happy to share what we know to date.

## TRAINING FEES

Below you will find each teams' expenses for the season. Included in the expenses: administration fee, tuition, choreography, and all applicable taxes. Our fees are reflective of the amount of time each athlete trains in the gym and the needs of each team. Additionally, you will see the cost of the uniform, and approximate competition fees. The only additional fee is your annual Cheer Canada/Saskatchewan Cheerleading Association membership which must be purchased prior to your first practice and costs about \$35.

Costs associated with specific teams include: summer training for L3+ teams, optional team specific gear, optional team social activities, and any additional training you may choose to take.

## FAMILY DISCOUNTS

Families only pay one administration fee. If you have more than one immediate family member registered for the 2023/24 season you only pay one admin fee. This will automatically apply at checkout.

				Including Tax		
Team	Division	Admin	Choreo	Tuition	Season	Uniform
Flicker / Kindling	U6/U8	\$200.00	\$50.00	\$280.00	\$556.50	\$0.00
Firestarters	U12	\$200.00	\$50.00	\$420.00	\$703.50	\$0.00
Firebugs	U6	\$300.00	\$150.00	\$680.00	\$1,186.50	\$270.00
Burn	U8	\$300.00	\$150.00	\$840.00	\$1,354.50	\$270.00
Spitfires	U12	\$300.00	\$150.00	\$960.00	\$1,480.50	\$270.00
Firecrackers	U8	\$300.00	\$175.00	\$960.00	\$1,506.75	\$330.00
Crossfire	U12	\$300.00	\$175.00	\$1,200.00	\$1,758.75	\$330.00
Fireworks	U12	\$300.00	\$175.00	\$1,200.00	\$1,758.75	\$330.00
Firestorm	U16	\$300.00	\$175.00	\$1,200.00	\$1,758.75	\$330.00
Crossover	U16	\$0.00	\$100.00	\$200.00	\$315.00	\$0.00
Flare/Heat	U12/U18	\$300.00	\$300.00	\$1,280.00	\$1,974.00	\$400.00
Wildfire	U16	\$300.00	\$300.00	\$1,360.00	\$2,058.00	\$400.00
Code Red	U18	\$300.00	\$300.00	\$1,360.00	\$2,058.00	\$400.00
Fever	Int Open	\$300.00	\$300.00	\$1,440.00	\$2,142.00	\$400.00
Hotshots	Int Open	\$200.00	\$100.00	\$245.00	\$572.25	\$270.00
NEW Open	Int Open	\$300.00	\$300.00	\$440.00	\$1,092.00	\$270.00

# UNIFORMS

This season is the third year of a four-year uniform cycle. This (typically) three-year commitment allows families to reuse uniforms, or sell and trade the uniforms during the cycle. We will have a pre-loved sale at the end of August, and we also suggest watching the Prairie Fire Cheerleading Facebook group for members selling their used pieces. We understand the cost of all-star cheer and try to keep uniform and gear costs reasonable, which is why we reuse our uniforms for multiple years.

**Pre-competitive athletes** will receive a club top and will have the option to buy a skort if they choose. Otherwise they can simply wear shorts (ideally black) and a club top for showcases.

**Competitive teams** uniforms include a bodysuit and skort at minimum. The older athletes then have items added to this uniform such as sleeves and neck pieces. The skirt and bodysuit are the same club-wide with the option for differences in hair pieces and sleeves depending on the team. Every athlete will also receive a club top. The costs for the uniform are found under fees. Uniforms are sold separately, but are explained in the fee structure as they often do not need to be purchased every season.

# COMPETITION SCHEDULE

The official competition schedule will be confirmed by **October 1, 2023**. Competition expenses/fees will be confirmed by **November 1, 2023**. Athletes are expected to be in attendance for all showcases and competitions. Travel teams may be required to provide information about passports, ID, and other travel-related information earlier in the season.

		Prairie Fire Cheerleading 2023-2024 Competition Schedule and Estimated costs																							
Team Name	Division	Battle at the Border Lloydminster Dec 2, 2023	Canadian KickOff Virtual or Cheer Power	Winter Break Dec. 23-Jan. 7	Winter Knockout Warman January 13, 2024	Cold Snap Edmonton Jan 19-21, 2024	Precomp Show-Off PFC Jan 27, 2024	Best of the West Moosejaw Feb 10, 2024	Jamfest Texas Feb 17, 18 2024	CC Colligate Nationals Brampton Feb 17, 2023	February Break 17-23, 2024	Imagine Calgary March 3, 2024	NCA Dallas March 1-3, 2024	True North Edmonton March 1-3, 2024	Warman Classic Warman March 8, 9, 10, 2024	Precomp Show-Off PFC March 16, 2024	United Spirit Association Anahiem, March 23,24, 2024	SCA Provincials Saskatoon March 23, 2024	Easter Mar 30-Apr 5, 2024	Sea to Sky Vancouver, April 6,7, 2024	ACE Edmonton April 12,13, 2024	Cheer Evolution and FINALS Niagara falls April 13,14 2024	Worlds April 26-29, 2024 Disneyworld, Orlando, USA	COP Brands Mexico May 16-19, 2024	
		\$45	\$35		\$45	\$150	\$0	\$60	\$1600	NA		\$325	\$500	\$325	\$50	\$0	\$1600	\$50		\$1600	\$65	\$1600	\$1600	\$1400	
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Code Red	U16/U18		?																						
Fever	Int Open	?	?	?																					
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Hotshots	Int Open																								
UOS	Collegiate																								

**Welcome to the Family!**

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